

Spring 2008 to present

OQ Analyst software program

Key Findings and Actions Taken:

Individual therapists utilize the ***OQ Analyst software program*** to monitor their clients' progress and make to clinical adjustments in their work with clients. This software program utilizes extensive research on the trajectory of client symptom change (e.g., how client OQ scores should be changing if in fact they are going to have a positive therapy outcome) to inform the counselor about the effectiveness of their counseling interventions with each of their clients. UCC continues to strongly encourage clients to complete the OQ45 prior to each counseling session, so that we are able to take advantage of this clinical management tool.